

Tbilisi International Heart Failure Forum 2025

5 Years of Regional Impact & International Collaboration

9-11 October 2025

Day 1 , Thursday 9th October 2025

8:00 AM- 9:30 AM- REGISTRATION & Coffee

9:30 AM-11:00 AM Opening Session: Welcome: Mandeep R. Mehra , Hadi Skouri and Zviad Kipiani

Challenges in Chronic and acute Heart failure: Hadi and Mandeep to Chair

(20min) Advances in Heart Failure Therapy: Feras Bader .

Q and A (5 min) CONTROVERSIES (15min)

Beyond SGLT2 i in HFpEF Therapy Emil Najjar (15min)

ICD use in Non-Ischemic Cardiomyopathy Hadi Skouri

Q and A (10 min)

Rapid Fire Cases: (10min) Case 1: HFpEF with Pulmonary Hypertension Feras Bader (10min)Case

2: Optimal work up in New Onset HFrEF Yasmin Rustamova

Q+ A 11:00-11:30 Coffee Break 11:30-13:00 Special Situations :

1)13:10 p.m chronic Heart Failure - **Key note Lecture**

Prof. Hadi Skouri – Suggested topic *“Heart Failure Advances- Recovery and Remission”* [I suggest that Hadi cover pharmacological advances, point to recoverable HF like takesubo, tachy induced, thyrotoxicosis, PVC induced CMP and show how much remodeling is possible with current foundational therapy]

2) 13:40 : Challenging clinical situations in chronic Heart Failure – Low BP, increased K, low eGFR
Ulvi Mirzoyev. Baku . Azerbaijan

3) 14:00 Challenges of implementation in GDMT

Ovidiu Chioncel . Bucharest . Romania

4) 14:20: When should we use ICDs in chronic HF?

Firas Al Badarin . Cleveland Clinic Abu Dhabi .

5) 14:40: What is WORSENING HEART FAILURE?

Tatevik Hovakimyan. Erevan. Armenia

6) 15:00: Optimal Use of Diuretics in Worsening Heart Failure

Milica Vukicevic .Belgrade . Serbia

7) 15:20: Diuretics: Loop Diuretics, Thiazides and/or Acetazolamide?

Rusudan Agladze . Tbilisi. Georgia

8)) 15:40 Current Best Practices in the Evidence-Based Management of Tachyarrhythmias in Patients with worsening Heart Failure

Anna Vachulova .Bratislava, Slovakia

8) Panel Discussion at 16:00 pm for 20 mints discussion

Coffee Break (20 min)

Interactive cases for 15 mints

1) 16:40 Atrial Fibrillation in Heart Failure: Clinical Impact, Risk Stratification and Contemporary Management Approaches (20min) . Nikoloz Kuridze. Tbilisi. Georgia

2) 16:00 Functional Limitations in HFrEF :What CPET Reveals That imaging Cannot.(20min)

Leonid Baqradze. Tbilisi.Georgia

Then discussion (10 min) 17:35 p.m

9) 17:30 Management of short term mechanical circulatory support (15 min)

Hatem Soliman Aboumarie . London. UK

10) 17:30 Masterclass: Integrated Ultrasound Assessment of Congestion (60min)

Hatem Soliman Aboumarie . London. UK

Day 2: Shock and Unique Conditions

8:45 AM – Welcome to Day 2 - Zviad Kipiani and Hadi Skouri to Chair

9:00 Cardiac Resynchronization Therapy in Heart Failure :Enhancing Response and Outcomes (30min)

10 min Disc.

Jack Rickard .Cleveland Clinic Abu Dhabi

Special phenotypes in Heart Failure

9:40 a.m. Advances in Cardiac Amyloidosis

Arif Albulushi .Oman

10:00 am: Medical Therapy of Hypertrophic Cardiomyopathy

Eteri Tsetskhladze. Tbilisi. Georgia

10:20 am: What's new in Cardio-oncology?

Prof. Hadi Skouri

10:40 am: Novel therapy in Pulmonary Hypertension

Ulvi Mirzoyev. Baku . Azerbaijan

11:00 am: Panel discussion – chairs and speakers

11:30 am – Coffee break and exhibits(30 min)

12:00pm – 14:00 pm Multimodality imaging in Heart failure

12:00 a) CMR in Chronic Non Ischemic Heart Failure: From Diagnosis to Decision Making

(HCM and DCM)

Yasmin Rustamova. Baku. Azerbaijan.

12:20 b) Role of Cardiac MRI in Patients with Newly Diagnosed Heart Failure

Firas Al Badarin . Cleveland Clinic Abu Dhabi .

12:40 c) Arrhythmogenic Cardiomyopathy s in Heart Failure (Case Based)

Robert Manka . Zurich. Switzerland .

13:00 c) What PET Scan offer in Diagnosis of CAD and Viability

Firas Al Badarin . Cleveland Clinic Abu Dhabi .

13:20 d) Unmasking Special Types of Heart Failure : The Power of CMR in Noncompaction, Duchenne, and Beyond

Robert Manka . Zurich. Switzerland .

13:40 Panel Discussion (20 min)

14:00 - Break for lunch (1h)

15:00 **Key Note Lecture 2** - The Future of Heart Failure Therapy: Challenges, Innovations and Breakthroughs

Mandeep R. Mehra . Boston. USA

Cardiogenic Shock (Mandeep and Emil to chair)

15:30 Cardiogenic Shock – Diagnosis, Phenotypes and Outcomes

Emil Najjar Stockholm. Sweden

15:50 Management of cardiogenic shock – Shock teams, PA lines and inotropic-vasopressor therapy

Feras Bader . Abu Dhabi .

16:10 Management of cardiogenic shock – Choice of device therapy

Arif Albulushi .Oman

16:30: Is there a role for novel pharmacological agents in cardiogenic Shock?

Mandeep R. Mehra Boston. USA

16:50 Panel Discussion

17:10 – Coffee break and exhibits

16:30 master class echo from Hatem 90 mints

Hatem Soliman Aboumarie . London. UK

18:00 – end of day 2

Day 3: Advanced Heart Failure and Valvular Heart Disease

9:30 am – welcome

9:40: HM3 in Younger, Less sick Patients : a new Paradigm(20)

Emil Najjar Stockholm. Sweden

10:00 How do we define advanced heart failure? (20min)

Milica Vukicevic . Belgrade . Serbia

10:20 Durable LVADs in Advanced Heart Failure(20min)

Mandeep R. Mehra. Boston. USA

10:40 Role of Artificial Intelligence in MCS (20min)

Emil Najjar Stockholm. Sweden

11:00 Discussion (30min)

11:30 – Coffee Break (30 Mim)

12:00 – Special cases in heart failure

a) Management of Mitral Regurgitation (20 min)

Rusudan Agladze . Tbilisi Georgia

b) Management of Tricuspid Regurgitation (20 min)

David Messika . Ottawa. Canada

c) Management of Aortic Stenosis (20 min)

Zviad BaxutaShvili . Tbilisi.Georgia

13:30 -15:30 WORKSHOPS:

1)(60 min)Devices in HF: MCSD,LVAD Ann and Emil. Sweden

2)(60 min) Heart Transplantation (the ESC/HFA Guidelines) Hadi Skouri

3) 15:30-15:15: 50 Artificial Intelligence in Heart Failure: How will Management Change?

Mandeep R. Mehra Boston

15:16:00 Closing remarks

(Lunch 1h)